



Station	Monday	Tuesday	Wednesday	Thursday	Friday
 Favorite Comfort Food and International Flavors Layered Your Way in a Portable Bowl \$2.75	No School	Breakfast Bowl Scrambled Eggs, French Toast, Syrup, Tater Tots	Chicken Nuggets Mashed Potatoes with Gravy	Ravioli Bowl <i>Cheese Stuffed Ravioli, with your choice of sauce Alfredo Sauce or Italian Red Sauce, Seasoned Oven Roasted Zucchini. Mini Cheese Stuffed Breadstick</i>	Xtreme Fryday Black Peppered Fries, Chili, Cheese Sauce, Seasoned Broccoli, and Honey Biscuit
 Hamburger and Grilled Chicken on Whole Grain Bun Available Daily \$2.75 Daily Special		Buffalo Popcorn Chicken Panini Wrap Or Grilled Chicken on Whole Grain bun Fresh Romaine Lettuce & Tomato Topping*	Honey Rib BBQ Sandwich or Hamburger on Whole Grain Bun Fresh Romaine Lettuce & Tomato Toppings	Chicken Cobb Panini OR Cheese Burger on Whole Grain Bun Fresh Romaine Lettuce & Tomato Toppings	Breaded Chicken Sandwich OR Cheeseburger on Whole Grain bun Fresh Romaine Lettuce & Tomato Toppings *
 Classic Cheese Pizza Made w/ Reduced Fat Cheese Fresh Baked Daily \$2.75 Roma Herb Cheese Blend		Chicken Bacon Ranch Pizza	Veggie Lovers Pizza	Ham & Bacon Pizza	Pepperoni Pizza
 Your Pick Fresh Made Daily Salads and Sandwiches \$3.00		Fresh Protein Salad this week Chicken Salad	Featuring: <input type="checkbox"/> Fresh Veggies <input type="checkbox"/> Variety of Cheeses <input type="checkbox"/> Variety Meats and Protein Salads -Whole Grain Breads ,Rolls and Wraps	Freshly Prepared Deli Style Sandwiches and Salads	
 Fresh Food Fast- Packaged for Grab N' Go \$3.00		Italian Chicken Wrap, Fresh Fruit and Cheez Its Satsuma Cobb Salad with Homemade Croutons and Loco Cheez-Its Fruit Yogurt Parfait w/ Homemade Granola Topping	Whole Grain Muffin, Cheese Platter with Fresh Fruit and Goldfish Crackers Chicken Popper Salad with Cheese and Graham Crackers Fruit Yogurt Parfait w/ Homemade Granola Topping	Italian Chicken Wrap, Fresh Fruit and Cheez Its Satsuma Cobb Salad with Homemade Croutons and Loco Cheez-Its Fruit Yogurt Parfait w/ Homemade Granola Topping	Whole Grain Muffin, Cheese Platter with Fresh Fruit and Goldfish Crackers Chicken Popper Salad with Cheese and Graham Crackers Fruit Yogurt Parfait w/ Homemade Granola Topping
Join Us For Breakfast! Stop in and check out the other breakfast choices Breakfast includes Milk, Juice and Fruit Choice \$1.25, .30 cents reduced		Ham & Cheese On English Muffin OR Bagel & Cream Cheese	Chicken-n-Biscuit Breakfast Sandwich OR Bagel & Cream Cheese	Scrambled Eggs and Bacon Pizza OR Bagel & Cream Cheese	Ham & Cheese On English Muffin OR Bagel & Cream Cheese

Each Student Lunch includes a choice of entrée, milk choice Chocolate Fat Free or Low Fat White and choice of three fruit/vegetable side dishes.

Questions, comment or concerns please contact Chris Wilson chris.wilson@swantonschools.org 419 826-3045 In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture; Office of the Assistant Secretary for Civil Rights; 1400 Independence Avenue, SW; Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provide