

Station	Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Favorite Comfort Food and International Flavors Layered Your Way in a Portable Bowl \$2.75</p>	<p><b>Baked Penne, Oven Roasted Zucchini, Mini Cheese Stuffed Breadstick</b></p>	<p><b>Picnic Bowl</b> BBQ Chicken Chunks Side of Macaroni and Cheese, Baked Beans Whole Grain Dinner Roll</p>	<p><b>Bosco Cheese Stuffed Bread Sticks, Mariana Sauce Seasoned Green Beans,</b></p>	<p>Chicken Soft Tacos, Fiesta Rice, Corn</p>	<p><b>Hot Dog on Whole Grain Buns and Oven Fries</b></p>
 <p>Daily Sandwich Specials Served on Whole Grain Bun Available Daily \$2.75</p>	<p><b>Rib B Q Sandwich on Whole Grain Bun Or Grilled Chicken Sandwich on Whole Grain Bun Fresh Romaine Lettuce &amp; Tomato Topping</b></p>	<p><b>Hot and Spicy Tenders OR Cheeseburger</b> <b>Fresh Romaine Lettuce &amp; Tomato Topping</b></p>	<p><b>Bacon Cheese Burger on Whole Grain Bun OR Grilled chicken Sandwich Fresh Romaine Lettuce &amp; Tomato Toppings</b></p>	<p><b>Grilled Chicken Cordon Bleu Sandwich Or Cheese Burger</b> <b>Fresh Romaine Lettuce &amp; Tomato Toppings</b></p>	<p>Pulled BBQ Pork Sandwich on Whole Grain Bun OR Fish Sandwich on Whole Grain Bun <b>Fresh Romaine Lettuce &amp; Tomato Toppings</b></p>
 <p>Classic Cheese Pizza Made w/ Reduced Fat Cheese Fresh Baked Daily \$2.75 Roma Herb Cheese Blend</p>	<p>Ham &amp; Bacon Pizza</p>	<p>Sausage Pizza</p>	<p>Old School Pepperoni Pizza</p>	<p>Supreme Pizza</p>	<p>Pepperoni Pizza</p>
 <p>Your Pick Fresh Made Daily Salads and Sandwiches \$3.00</p>	<p><b>Fresh Protein Salad this week Tuna Salad</b></p>	<p>Fresh Made Salads with your choice of toppings and Whole Grain Roll</p>	<p><b>Featuring:</b>  <input type="checkbox"/> Fresh Veggies  <input type="checkbox"/> Variety of Cheeses  <input type="checkbox"/> Variety Meats and Protein Salads                      -Whole Grain Breads Rolls and Wraps</p>	<p><b>Freshly Prepared Deli Style Sandwiches and Salads</b></p>	<p>Fresh Made Salads with your choice of toppings and Whole Grain Roll</p>
 <p>Fresh Food Fast- Packaged for Grab N' Go \$3.00</p>	<p>Chicken Cob Wrap, Fresh Fruit and Whole Grain Mini Rice Krispie Treat</p> <p><b>Deli Chef Salad with Croutons and Gripz</b></p> <p><b>Fruit Yogurt Parfait w/ Homemade Granola Topping</b></p>	<p>Tuna Salad on Whole Grain Bread, Fresh Fruit, Pretzels</p> <p><b>Chicken Caesar Pasta Salad on a bed of Fresh Spinach</b></p> <p><b>Fruit Yogurt Parfait w/ Homemade Granola Topping</b></p>	<p>Chicken Cob Wrap, Fresh Fruit and Whole Grain Mini Rice Krispie Treat</p> <p><b>Deli Chef Salad with Croutons and Gripz</b></p> <p><b>Fruit Yogurt Parfait w/ Homemade Granola Topping</b></p>	<p>Tuna Salad on Whole Grain Bread, Fresh Fruit, Pretzels</p> <p><b>Chicken Caesar Pasta Salad on a bed of Fresh Spinach</b></p> <p><b>Fruit Yogurt Parfait w/ Homemade Granola Topping</b></p>	<p>Chicken Cob Wrap, Fresh Fruit and Whole Grain Mini Rice Krispie Treat</p> <p><b>Deli Chef Salad with Croutons and Gripz</b></p> <p><b>Fruit Yogurt Parfait w/ Homemade Granola Topping</b></p>
<p><b>Join Us For Breakfast!</b> Stop in and check out the other breakfast choices Breakfast includes Milk, Juice and Fruit Choice \$1.25, .30 cents reduced</p>	<p>Sausage and Gravy Breakfast Pizza OR Bagel &amp; Cream Cheese</p>	<p>Ham &amp; Cheese on English Muffin OR Bagel &amp; Cream Cheese</p>	<p>Chicken-n-Biscuit Breakfast Sandwich OR <b>Bagel &amp; Cream Cheese</b></p>	<p>Scrambled Eggs and Bacon Pizza OR <b>Bagel &amp; Cream Cheese</b></p>	<p>Ham &amp; Cheese on English Muffin OR Bagel &amp; Cream Cheese</p>

**Each Student Lunch includes a choice of entrée, milk choice Chocolate Fat Free or Low Fat White and choice of three fruit/vegetable side dishes.**

Questions, comment or concerns please contact Chris Wilson [chris.wilson@swantonschools.org](mailto:chris.wilson@swantonschools.org) 419 826-3045

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